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## Frutels: Candy that gets rid of your acne

by [Beyond the Beauty Pages](#), *SELF Magazine*, on Thu May 28, 2009 11:07am PDT[21 Comments](#)[Post a Comment](#)[Read More from This Author »](#)[Report Abuse](#)**Today's beauty find:** [Frutels](#) uses chocolate to clear your skin from pimples!**What it is:** Gone are the days when chocolate had a bad rep for causing pimples. Our new discovery? Frutels: dark chocolate bonbons that fight acne!**Why it's cool:** Frutels say that their sugar-free, 100% natural and Kosher formula--that includes Vitamin C, Vitamin E, Thiamine and Folic Acid--teams up with the antioxidant properties of dark chocolate to help you get rid of those annoying little bumps from the inside out. All you have to do is eat 2 to 4 pieces of chocolate a day. Sounds like hard work, right?**Where to find it:** Go to [Frutels.com](#) to order the candy or [here](#) for a list of stores.**Note to SELF:** I am always a little skeptical about beauty food, but Frutels offer a full refund if you are not satisfied within 60 days!**Get gorgeous with water!** [Learn how to use water to make your skin glow and hair shine, and keep your makeup looking fresh!](#)--Posted by [Alessandra Foresto](#)**MORE FROM SELF:**

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