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### [Yum! This Chocolate Treats Acne](#)

Wed, 05/20/2009 - 11:59am by [bellasugar](#)

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Oddly enough, an ingredient that has long been associated with causing acne (turns out [it doesn't](#)) is now being used to help alleviate the condition. I think I have died and gone to heaven. Frutels [Acne Care in a Chocolate](#) (\$38 to \$69) is a treatment that works from the inside out, using antioxidants and micronutrients sans artificial ingredients, preservatives, and chemicals to clarify the skin.

While I haven't tried the chocolate-coated sugar-free "candy," eating two to four a day supposedly provides results within two weeks. With the recent launch of Nestlé's [Glowelle](#), along with [this beauty water](#), it looks like the nutraceutical trend is here to stay. Now only if someone could invent an acne-reducing chocolate croissant.

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