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November 5, 2009

Vital Tested: Chocolate Cure

Can this pumped-up candy really banish acne?

Weakness, thy name is chocolate.

We try to keep it out of the house to avoid temptation, since the sugar rush tends to wreak havoc on our waistslines and complexions. That's why we did a double take when we heard that a line of dark **chocolate called Frutels might actually help fight acne.** The chocolates are vegetarian, kosher and contain no sugar. Two pieces weigh in at just 45 calories and boast skin-saving nutrients such as [Vitamin C](#), [Vitamin E](#), [zinc](#), and [more](#).

We nibbled on the treats for a week. (Tough job, but *someone* has to do it.) They didn't taste smooth or creamy like gourmet chocolate, but we didn't mind the slight berry flavor. Call us crazy, but by the time we polished off the entire box, **our problem skin was less blotchy and more glow-y.**

Order it [here](#). The company offers a 60-day money back guarantee.

Sweet.

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